

Sushi On Shea

Authentic Japanese Cuisine & Sushi Bar

Specialties of the House	\$
Garlic Squid*	20
Squid, asparagus, shiitake mushrooms sautéed with with extra virgin olive oil, garlic, sake and soy sauce topped with Japanese red peppers	
Grilled Yellowtail Jaw*	15
Grilled jaw of yellowtail, sea salt with a paikon radish And ponzu sauce	
Seaweed Salad	6
Mixed seaweed with sweet sesame dressing	
Squid Salad	8
Squid and mixed seaweed with sweet sesame dressing	
* Spicy upon request	
Sashimi Appetizer	20
3 pieces of tuna, 2 pieces of yellowtail, 2 pieces of salmon and 2 pieces of snapper	
Yamakake	18
Diced tuna, ground mountain potato topped with seaweed	
Tuna Poke	12
Diced tuna marinated in spicy soy sauce with seaweed Served in a cocktail glass	
Tuna Tartar	18
Chopped tuna with pine nuts and garlic sauce, topped With smelt roe and quail egg	
Salmon wrap 4 PC	16
Thinly sliced salmon sashimi rolled around crispy salmon skin, served on top of blue cheese oil, finished with cream cheese, capers, lemon zest & juice	
Scallop Tuna Wrap 4 PC	18
Fresh scallops wrapped with peppered fresh tuna, flash fried, served with a Japanese daikon radish citrus sauce	
Tuna Capaccio 8 PC	18
Thinly sliced tuna sashimi, served in a citrus soy sauce and wasabi aioli, topped with roe & scallions	
Tuna Lettuce Wrap 4 PC	15
Cooked tuna flavored with ginger & garlic on top of fresh crispy lettuce, served with kochujang & spicy miso paste, garnished with scallions & sesame seeds	
Orange Salmon 4 PC	14
Sliced seared salmon sprinkled with lemon grass, chives & parsley. Finished with orange zest & juice	
Salmon Mango Mint Roll 4 PC	20
Fresh salmon, fresh mango, mint leaf, sweet & sour spicy chili sauce finished with balsamic vinaigrette	
Albacore Tataki 6 PC	18
Seared Albacore tuna with a Daikon radish sauce	
Tuna Tataki 6 PC	18
Peppered tuna seared with an onion sauce	
Tuna Tempura 8 PC	22
Sliced tuna, chives, burdock, flash fried and served with miso mustard citrus sauce & sesame green onion	
*Item is Cooked	
Consuming raw or under cooked seafood may increase your risk of foodborne illness - Sushi contains raw fish	

Sushi (2 PC)	\$	Sashimi	\$
Tuna (Toro).....	mkt	mkt
Tuna.....	7	14
Yellowtail.....	7	14
Snapper.....	mkt	mkt
Smoked Salmon*.....	7	14
Salmon.....	6	12
Fresh Eel*.....	6	12
Sea Eel*.....	mkt	mkt
Sweet Shrimp.....	mkt	mkt
Shrimp*.....	4	8
Jumbo Clam.....	mkt	mkt
Squid.....	6	12
Octopus*.....	6	12
Mackerel.....	mkt	mkt
King Crab*.....	mkt	n/a
Scallop.....	6	12
Sea Urchin.....	mkt	mkt
Salmon Roe.....	6	12
Smelt Roe.....	4	8
Flying Fish (Roe).....	5	10
Egg Omlet*.....	4	8
Quail Egg.....	2	

COMBOS

Assorted Sushi	25
Seven pieces of Nigiri sushi: tuna, salmon, yellowtail, snapper, octopus & sweet egg omlets and california roll	
Assorted Sashimi	38
Three pieces of tuna, salmon, yellowtail, snapper octopus & squid	
Chirashi Sushi	35
Various kinds of sashimi: tuna, salmon, yellowtail, snapper, octopus, mackerel, sweet egg & crab, over a bowl of sushi rice	

ABURI

Partly seared to create contrasting flavor and texture

Sushi (2PC)	\$	Sashimi (4 PC)	\$
Aburi Tuna	8	16
Peppered & seared soy flavored tuna with an onion citrus sauce & wasabi leaves			
Aburi Salmon	7	14
Seared soy flavored salmon with thinly sliced pickled onion			
Aburi Yellowtail	8	16
Seared yellowtail with a spicy miso paste & scallions			
Aburi Snapper	7	14
Pepper seared snapper with a Japanese daikon radish citrus sauce, yuzu pepper & scallions			
Aburi Scallops	7	14
Seared soy flavored scallops with a wasabi aioli, garnished with scallions			
Tuna Yuke Gunkan	8	16
Minced tuna with kochujang, garlic soy, ginger and sesame oil, garnished with scallions, in 4 pieces			

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Rolled Sushi		\$
Eel Cucumber*	8 PC/roll.....	8
Teriyaki BBQ eel with cucumber & sesame seeds		
California*	8 PC/roll.....	6
Imitation krab, avocado, cucumber & sesame seeds Smelt roe upon request		
Tootsie Roll*	8 PC/roll.....	8
Krab mixed with mayo, sprinkled with tempura bits and eel sauce		
Fresh Salmon Roll	8 PC/roll.....	7
Fresh salmon, Burdock & cucumber with sesame seeds		
Krab Special*	8 PC/roll.....	6
Krab mixed with mayo, smelt and cucumbers with sesame seeds		
King Crab Roll*	8 PC/roll.....	12
King Crab, avocado, cucumber & sesame seeds		
Tuna	6 PC/roll.....	8
Fresh tuna		
Spicy Tuna	8 PC/roll.....	8
Ground tuna mixed with spicy mayo and cucumber with sesame seeds		
Yellowtail w/Scallion	6 PC/roll.....	8
Ground yellowtail and green onions		
Philly*	8 PC/roll.....	8
Smoked salmon, cream cheese & cucumber with sesame seeds		
Eel Avocado*	8 PC/roll.....	15
Freshwater eel, cucumber topped with sliced avocado & eel sauce		
Asian Persuasion	8 PC/roll.....	16
Shrimp, cooked squash & avocado inside, seared Japanese lai snapper & salmon on top, finished with salmon roe & Japanese sour plum sauce		
Houston	8 PC/roll.....	12
Fresh tuna, jalapeno, avocado & cucumber		
Salmon Run	8 PC/roll.....	18
Spicy salmon, spicy yellowtail & krab mix inside, seared smoked salmon & scallions on top		
Futomaki*	5 PC/roll.....	15
Egg omlet, kanpyyo (cooked squash), dembu (sweet fish flakes), freshwater eel, imitation krab, avocado & cucumber		
Rainbow	8 PC/roll.....	16
Tuna, yellowtail, salmon, sea bream & shrimp on top of California roll		
Salmon Crunchy Roll	8 PC/roll.....	10
Spicy salmon & cucumber topped with crunchy tempura bits, eel sauce & scallion		
Sca-Lop n' Roll*	8 PC/roll.....	20
Spicy scallop & cucumber inside, seared scallops & avocado on top, finished with a balsamic glaze		

Specialty Rolls		\$
Yellowtail Tempura*	5 PC/roll.....	14
Deep fried yellowtail mixed with scallion		
Shrimp Tempura*	5 PC/roll.....	6
Shrimp tempura, avocado & cucumber		
Scallop Tempura*	5 PC/roll.....	15
Deep fried scallops with masago (smelt roe) & scallions		
Sweet Chili Shrimp*	8 PC/roll.....	16
Two pieces of shrimp tempura with cooked shrimp on top & sweet chili sauce to finish		
Mas Vegas*	5 PC/roll.....	18
Salmon, krab mix, cream cheese & jalapeno, tempura fried & rolled, finished with sweet soy sauce, crunchy tempura bits & spicy sauce		
Lobster*	5 PC/roll.....	18
Tempura Lobster, jalapeno, onion, avocado, cucumber & wasabi aioli		
Crab Latino*	8 PC/roll.....	18
Soft shell crab & cucumber rolled with soy paper, smoked salmon, avocado & slices of lemon on top, finished with a Juan's chipotle sauce		
Dragon Roll*	8 PC/roll.....	20
2 pieces of shrimp tempura, avocado, cucumber, topped with freshwater eel, avocado, eel sauce & sriracha chili sauce		
Zen Moment	8 PC/roll.....	22
2 pieces of shrimp tempura, spicy tuna & cucumber inside, seared tuna & albacore on top, finished with an onion citrus soy sauce & scallions		
Soft Shell Crab*	8 PC/roll.....	12
Deep fried soft shell crab, avocado & cucumber		

Vegetable Rolls.....		\$
Cucumber*	6 PC/roll.....	3
Cucumber & sesame seeds		
Pickle*	6 PC/roll.....	5
Pickled Daikon radishes, burdock or sour plum		
Sweet Potato or Asparagus*	8 PC/roll.....	5
Deep fried sweet potato or asparagus		
Vegetarian*	5 PC/roll.....	6
Lettuce, cabbage, carrots, asparagus, avocado, cucumber & pickled burdock roll		
Strawberry Field*	8 PC/roll.....	12
Deep fried sweet potato & asparagus rolled with soy paper, strawberry & banana on top, and sweet strawberry sauce		
Yamaino Umejiso*	8 PC/roll.....	7
Mountain potato with sour plum & beef steak leaf		
Natto*	6 PC/roll.....	5
Fermented soybeans		

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